# PriMHE Programme in the Methods of Health Economics

## Tele- and Digital Health for Mental Health and Substance Use Disorders: The US Experience

Assoc. Prof. Dr. Alisa Busch

Dr. Busch is the Mass General Brigham health system Assistant Chief Medical Information Officer for McLean Hospital and Behavioral and Mental Health, and Associate Professor of Psychiatry and of Health Care Policy at Harvard Medical School. Her research examines how changes in healthcare policy, delivery, and financing affect care quality and utilization for the treatment of mental health and substance use disorders. An additional focus of her research is the use of digital health solutions (such as electronic health records, health information exchange, and telemedicine) in mental health and substance use disorder care. She has served on multiple US national technical expert panels on quality measurement for mental health and substance use disorder care in usual care treatment settings.

**Date: 25 January 2024** /15.00 - 16.00 CET (Virtual Webex Event)

### **Summary**

This presentation will review the US experience in the use of telemedicine and digital health for mental health and substance use disorders since the COVID-19 pandemic. For telemedicine, it will review what has been learned since COVID regarding changes in mental health and substance use disorder care utilization, access to care for disadvantaged populations, and quality of care. It will also discuss the US experience with digital apps and therapeutics, with health policy and regulatory implications.

This lecture is accredited with 1 DFP-point for members of the Austrian Medical Chamber.



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