

Curriculum Vitae

Dilara GÜLMEZ
MD, PhD Candidate

Personal Information	Coordinates
Year of birth: 1997 Place of birth: Istanbul, Turkey Languages: English (C1), German (C1), Turkish (Native) Date: 07.05.2025	Medical University of Vienna Center for Public Health Department of Epidemiology Kinderspitalgasse 15, 1st floor 1090 Vienna https://public-health.meduniwien.ac.at/en/our-departments/department-of-epidemiology/team/profil-dilara-guelmez/ HD & CO RESEARCH GROUP E-Mail: dilara.guelmez@meduniwien.ac.at n1542589@students.meduniwien.ac.at Phone: +43 (0)1 40160-34663 ORCID ID: 0009-0008-6845-7505

Main areas of research	Gender medicine, Long Covid, Peptidomics, CKD, Kidney Failure, Dialysis, Qualitative interview research, Clinical epidemiology, Quantitative methods	
Academic career	Timeline	Position
Medical University of Vienna Center for Public Health Department of Epidemiology	10/2024 – present	Predoctoral researcher
Medical University of Vienna Center for Public Health Department of Epidemiology	07/2023 – 09/2024	Research project assistant Project name: URINARY peptidomic patterns of Long-COVID syndrome (UriCoV) <i>A multinational European observational cohort study</i> https://www.uricov.eu/ <ul style="list-style-type: none">• Project Design – Interview Study• Participant Recruitment• Data Collection and Entry• Statistical Evaluation of the Findings• Project Management• Report Writing & Data presentation
Division of Nephrology and Dialysis, University Department of Medicine III, University Hospital Vienna,	02/2022 – 06/2023	Research project assistant / Diploma student Thesis name: Patient and Caregiver Perspectives on Gender Disparity in CKD

Work experience	Timeline	Position
Uromed KompetenzZentrum Urologie Vienna, Austria	08/2021 – 02/2023	Medical Assistant <i>Clinical observation, Patient history taking, Physical examinations (ultrasound), Assisting procedures (Cystoscopy; Vasectomy), Phlebotomy, intravenous therapy, and urinalysis</i>
AmberMed A cooperation project between the Diakonie Refugee Service and the Austrian Red Cross	09/2021 – 10/2021	Volunteer 1 Month Volunteer Program <i>An internship opportunity where interpreter-supported access to medical care is offered to people without social health insurance (SHI)</i>

Clinical experience	Timeline	Position
Vienna General Hospital, Clinical Department of Internal Medicine III, Nephrology and Dialysis	18/03/2024 – 5/07/2024	Final-year medical student <i>16 Week Internship Internal Medicine</i>
Vienna General Hospital, Clinical Department of Gynaecology and Obstetrics	27/11/2023 – 15/03/2024 18/07/2022 – 29/07/2022	Final-year medical student <i>16 Week Elective Internship 2 Week Internship Gynaecology and Obstetrics</i>
Vienna General Hospital, Clinical Department of Visceral Surgery	07/08/2023 – 24/11/2023	Final-year medical student <i>16 Week Internship General Surgery</i>
Klinik Ottakring Wiener Gesundheitsverbund, Clinical Department of Orthopaedics and Trauma Surgery, Vienna	16/08/2021 – 27/08/2021	Medical student <i>2 Week Internship Orthopaedics and Trauma-Surgery</i>
Vienna General Hospital, Clinical Department of Cardiology	02/08/2021 – 13/08/2021	Medical student <i>2 Week Internship Cardiology</i>
Evangelical Hospital Vienna, Clinical Department of Internal Medicine	07/02/2021 – 18/02/2021	Medical student <i>2 Week Internship Internal Medicine</i>
Haus der Barmherzigkeit, Vienna	10/2017 – 01/2018	Medical student <i>8 Week Internship Geriatrics</i>

Education and Training	Timeline	Programme
Medical University of Vienna	10-2024 – present	Doctoral Programme (Dr. scient. med.) Epidemiology <ul style="list-style-type: none"> • Dissertation title: Chronic Kidney Disease and Long Covid: Semiquantitative Methods, Proteomics, and Epidemiology with an Emphasis on Sex/Gender Differences • Supervised by: Manfred Hecking, MD, PhD; Eva Schernhammer, MD, DrPH
Medical University of Vienna	09/2017 – 07/2024	Medicine Degree Programme (Dr. med. univ.) <ul style="list-style-type: none"> • Title of the Diploma Thesis: <i>Patient and Caregiver Perspectives on Gender Disparity in CKD</i> (Note: 1) • Passed 3. Diploma Examination on July 15, 2024 • Passed 2. Diploma Examination on June 24, 2022 • Additional Latin Exam - taken on June 12, 2018 • ECTS Credits: 394,25
Österreichische Orient-Gesellschaft Hammer-Purgstall, Vienna	10/2015 – 06/2017	German Language Course A2, B1, B2, C1 <ul style="list-style-type: none"> • ÖSD C1 2017 • VWU Language Completion Exam 2018
Rotary 100. Year High School (Rotary 100. Yıl Anadolu Lisesi) Istanbul, Turkey	06/2015	High-School Graduation
Digital Skills	Proficient use of SPSS Skilled in the programming language R Highly skilled in MS Office applications Skilled in graphic program Tableau, Inkscape	

Conferences/Seminars	Timeline	Presentations
16. Annual Meeting of DGfN (German Society of Nephrology) Berlin, Germany <i>Presymposium KfH Board for Dialysis and Kidney Transplantation (registered association) (KfH Kuratorium für Dialyse und Nierentransplantation e.V.)</i>	26/09/2024 – 29/09/2024	A patient-centered and digital euvoemia concept (DEU, 20 min)
15. Annual Meeting of DGfN (German Society of Nephrology) Berlin, Germany <i>Presymposium KfH Board for Dialysis and Kidney Transplantation (registered association) (KfH Kuratorium für Dialyse und Nierentransplantation e.V.)</i>	5/10/2023 – 8/10/2023	Diploma thesis presentation (ENG, 1min) The dry-weight dilemma: A qualitative interview study on fluid overload in hemodialysis (ENG, 1 min)
Annual Meeting of ÖGN & ÖGH Vienna, Austria	06/10/2022 – 08/10/2022	Patient and Caregiver Perspectives on Gender Disparity in CKD: An interview study (ENG, 5min)
Junge Niere 2022 Berlin, Germany <i>A nephrology forum for young scientists and doctors, presentation, and discussion of current projects in the field of kidney research</i>	24/06/2022 – 25/06/2022	Diploma thesis (ENG, 15 min)
Purple Comet! Math Meet Contest Istanbul, Turkey	2010	Team mathematics competition designed for middle and high school students

Memberships

ERA – European Renal Association

Authorships	Publications
1.	Gülmez, D., Siwy, J., Kurz, K., Wendt, R., Banasik, M., Peters, B., Dudoignon, E., Depret, F., Salgueira, M., Nowacki, E., Kurnikowski, A., Mussnig, S., Krenn, S., Gonos, S., Löffler-Ragg, J., Weiss, G., Mischak, H., Hecking, M., Beige, J. & UriCoV working group. (2025). Urinary Peptidomic Profiling in Post-Acute Sequelae of SARS-CoV-2 Infection: A Case-Control Study. Submitted manuscript
2.	Siwy, J., Keller, F., Banasik, M., Peters, B., Dudoignon, E., Mebazaa, A., Gülmez, D., Spasovski, G., Lazo, M. S., Rajzer, M. W., Fuławka, Ł., Dzitkowska-Zabielska, M., Mischak, H., Hecking, M., Beige, J., Wendt, R., & UriCoV Working Group. (2024). Mortality Risk and Urinary Proteome Changes in Acute COVID-19 Survivors in the Multinational CRIT-COV-U Study. <i>Biomedicines</i> , 12(9), 2090.
3.	Vanek, L., Gülmez, D., Kurnikowski, A., Krenn, S., Mussnig, S., Lewandowski, M., ... & Hecking, M. Patient and Caregiver Perspectives on Gender Disparity in Chronic Kidney Disease: Questionnaire Survey, Based on an Interview Study. <i>American journal of nephrology</i> , 55(5), 561-582.
4.	Mussnig, S., Niknam, J., Matthias, C., Widmer, S., Gülmez, D., Krenn, S., Lorenz, M., Chazot, C., Wabel, P., Schneditz, D., & Hecking, M. (2024). Volume and Body Composition in Hemodialysis Patients: A Bioimpedance Study Assessing Differences by Sex. <i>Kidney medicine</i> , 6(7), 100837.