



ZENTRUM FÜR PUBLIC HEALTH
MEDIZINISCHE UNIVERSITÄT WIEN

ZPH Science Lunch

January 21, 2021 / 12:00 - 13:00

Virtual Webex Event



Jakob Weitzer, MSc

Department of Epidemiology

“Optimism & Health”

In the last few years it has been shown that optimism is prospectively associated with better health. As part of the Science Lunch Series, Jakob Weitzer from the Department of Epidemiology will elaborate on several key aspects of this link, e.g. What is optimism? Is it really optimism that leads to better health, and if so, can the training of optimism promote health?

JOIN MEETING

Webex Meeting Link:

<https://meduniwien.webex.com/meduniwien-de/j.php?MTID=m8370ac7dde6472659fcaa3205979b0cf>

Event-number: 121 626 4443

Password: Science (7243623 über Videosysteme)

For further information please contact: epi-office@meduniwien.ac.at